

Documenting your experience with secondhand smoke drifting into your multi-housing unit can be a valuable tool for showing your property manager how and when you are being harmed. Also, if you pursue legal action, these notes will help detail your situation.

## **Secondhand Smoke Exposure Log**

Experienced by Resident: _	Unit #
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Date of Exposure *Record each incident	Time of Exposure *ex. 9pm-11pm	Location Where in the building or your unit are you being exposed?	Symptoms How did the secondhand smoke affect you?	Action Taken/ Notes Ex. Did you: Run a fan? Talk to the smoker? Talk to the manager? Seal off a vent?

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