



**Our building is  
100 percent smoke-free.  
If you smoke, thank you  
for taking it outside.**

Everyone deserves a smoke-free home.

For smoke-free rental housing help,  
call 311 or visit  
[minneapolismn.gov/smoke-free](http://minneapolismn.gov/smoke-free).



Supported by the Statewide Health Improvement Partnership,  
Minnesota Department of Health.

## **Are you interested in quitting smoking? There's free help.**

**QUITPLAN Services  
is a free program  
to help you quit smoking.  
It provides coaching  
and nicotine replacement therapy  
(like the patch).**

**Contact QUITPLAN Services**

**1-888-354-7526**

**[www.quitplan.com](http://www.quitplan.com)**

For reasonable accommodations or alternative formats  
please contact 311 at 612.673.3000.

People who are deaf or hard of hearing can use a relay service to  
call 311 at 612-673-3000.

TTY users can call 612-673-2157 or 612-673-2626.

Para asistencia 612-673-2700, Yog xav tau kev pab, hu  
612-673-2800, Hadii aad Caawimaad u baahantahay 612-673-3500.



**Nuestro edificio es 100%  
libre de humo de tabaco.  
Si fumas gracias por hacerlo  
fuera de la casa.**

Todas las personas se merecen  
un hogar libre de fumar.

Para recibir ayuda sobre lugares para rentar  
donde no se puede fumar, llama al 311  
o visita [minneapolismn.gov/smoke-free](https://minneapolismn.gov/smoke-free).



Supported by the Statewide Health Improvement Partnership,  
Minnesota Department of Health.

## **¿Tiene usted interés en dejar de fumar? Hay ayuda gratis.**

Los servicios del programa gratuito QUITPLAN,  
le pueden ayudar a dejar de fumar.  
Este programa le proporciona ayuda  
con instrucción y terapia de reemplazo  
de la nicotina (como el parche).

**Póngase en contacto con  
los servicios QUITPLAN  
llamando al  
1-888-354-7526.  
Visite el sitio en la red:  
[www.quitplan.com](http://www.quitplan.com)**

For reasonable accommodations or alternative formats  
please contact 311 at 612.673.3000.

People who are deaf or hard of hearing can use a relay service to  
call 311 at 612-673-3000.

TTY users can call 612-673-2157 or 612-673-2626.

Para asistencia 612-673-2700, Yog xav tau kev pab, hu  
612-673-2800, Hadii aad Caawimaad u baahantahay 612-673-3500.



**If you smoke,  
thank you for  
taking it outside.**

Everyone deserves a smoke-free home.

For smoke-free rental housing help,  
call 311 or visit  
[minneapolismn.gov/smoke-free](https://minneapolismn.gov/smoke-free).



Supported by the Statewide Health Improvement Partnership,  
Minnesota Department of Health.



## **Si fumas gracias por hacerlo fuera de la casa.**

Todas las personas se merecen  
un hogar libre de fumar.

Para recibir ayuda sobre lugares para rentar  
donde no se puede fumar, llama al 311  
o visita [minneapolismn.gov/smoke-free](https://minneapolismn.gov/smoke-free).



Supported by the Statewide Health Improvement Partnership,  
Minnesota Department of Health.